

MON, TUES, THUR FIRST LUNCH 11.10am- SNACKS, ICE BLOCKS & DRINKS

WED & FRI – LUNCH ORDERS, SNACKS, ICE BLOCKS & DRINKS



2021 CANTEEN MENU

FROZEN

Frozen Juicy Cup HM 😊 (Orange & ABC)	\$0.50
Snap Stix 😊 (sweet - Raspberry, Grape, Pineapple)	\$1.00
(Sour - Blueberry, Red Raspberry, Grape, Lemonade, Watermelon, Blackcurrant, Orange)	
TNT 😊 (Blue Raspberry, Strawberry, Chocolate, Watermelon)	\$1.00
Yoghurt Fruit Pops HM 😊	\$0.50
(plain, mango, raspberry, blueberry & mixed berries)	
Frozen Pineapple HM 😊	\$0.20
Frozen Milky Cup HM 😊 (straw, Choc)	\$0.50
Watermelon topped with yoghurt & blueberries	\$0.50

HOT FOOD

Party Pie	\$2.50
Sausage Roll	\$2.90
Pie	\$3.80
Chicken Tender GF- 1piece	\$1.50
Potato Nuggets (4 pack)	\$1.00
Loaded Potato Skins HM 😊 (2 potato skins)	\$3.50
(Ham & Cheese, Pizza & Hawaiian)	
Lasagne 😊	\$4.00
Nachos HM Dairy Free available	\$4.00
(mince, tomatoes, spices, cheese & a bag of tortilla chips)	
Macaroni & Cheese 😊	\$4.00
Fried Rice 😊 GF	\$4.00
Pasta Bake HM 😊	\$4.00
(lentils, veggies, tomato, garlic, pasta)	
Stone Baked Pizza	\$4.00
(BBQ Chicken, Margherita, Ham & Pineapple)	
Mashed Potato & Gravy HM 😊	\$2.00
Garlic Bread	\$0.50
Sauce (BBQ, Tomato & Sweet & Sour)	\$0.40
Gravy HM 😊	\$0.50

Foods marked with 😊 are rated Everyday by The NSW Healthy School Canteen Strategy - HM is homemade by me

SNACKS

Popcorn HM (air popped onsite) 😊	\$0.20
Rice Cakes (limit of 5 per child)	\$0.20
Cheese & Ham Rolls HM 😊 (lunch orders only)	\$2.00
Red Rock Chips (sea salt)	\$1.00
Chocolate Mousse HM	\$0.50
Donut Muffin HM (lunch orders only)	\$1.50
Fruit Sorbet HM 😊 mango, strawberry & watermelon	\$1.00
Scrolls HM 😊 (ham & cheese, vegemite & cheese)	\$0.50
Anzac Biscuits HM 😊	\$0.20
Sipahh Straw & Cup of Milk 😊	\$1.00

LUNCH ORDERS

Flexischool orders close by 8.25am

**Lunch orders only available via
Flexischools**

SALAD BOXES

Salad Box 😊	\$5.00
(lettuce, tomato, carrot, beetroot, corn, cheese, cucumber, mayo)	
Ham Salad Box 😊	\$5.50
(ham, lettuce, tomato, carrot, beetroot, corn, cheese cucumber, mayo)	
Tender Salad Box	\$6.50
(2x tenders, lettuce, tomato, carrot, beetroot, corn, cheese cucumber, mayo)	

DRINKS

Water 300ml 😊	\$1.50
Water 600ml 😊	\$2.00
Just Juice Poppers 😊	\$1.60
(apple, orange & apple/blackcurrant)	
Moove Milk 300ml 😊	\$2.20
(chocolate, strawberry)	
Chilly's 😊	\$2.20
carbonated 100% fruit juice - (raspberry, lemonade, orange passio & apple coola)	

SANDWICHES & WRAPS

vegemite/Honey 😊	\$2.00
Cheese 😊	\$2.20
Cheese & Tomato 😊	\$2.50
Ham 😊	\$3.00
Ham & Cheese 😊	\$3.50
Ham, Cheese & Tomato 😊	\$3.80
Salad 😊	\$4.50
(lettuce, tomato, carrot, beetroot, cheese, corn, cucumber, mayo)	
Ham Salad 😊	\$5.00
Ham, lettuce, tomato, carrot, beetroot, cheese, corn, cucumber, mayo)	
Chicken Tender Wrap	\$3.80
(1 tender, lettuce, cheese & mayo or salsa)	
Chicken Tender Salad Wrap	\$5.50
(1 tender, lettuce, tomato, carrot, beetroot, corn, cheese, cucumber, mayo)	

All sandwiches are made with wholemeal bread & can be toasted at no extra cost