#### TUES, THUR FIRST LUNCH 11.10am- SNACKS, ICE BLOCKS & DRINKS MON, WED & FRI - LUNCH ORDERS, SNACKS, ICE BLOCKS & DRINKS

\$2.20 \$2.60

\$3.20

\$1.50

\$1.00



# TERM 1 2019 CANTEEN MENU

			]
A GRAIN OUT B		DRINKS	
		Water 300ml 🙂 💋	\$1.00
	\$0.50	Water 600ml	\$1.50
	\$0.20	Just Juíce Poppers	\$1.50
	\$0.20	(apple, orange § apple/blackcur	rant)
r days only	j) \$1.50	Moove Mílk 300ml 😳	\$2.00
	\$1.00	(chocolate, strawberry)	
	\$0.50	Chill J's 😳	\$2.00
ly)	\$1.50	carbonated 100% fruit juice (raspberry, orange passio § appl	
	\$0.20	(raspoerry, orange passio g appi	e colu)
nana, mango).\$1.00			
	\$1.00	SANDWICHES &	
		Vegemíte/Honey	\$2.00
ERS		Cheese 😳	\$2.20
_		Cheese 🖇 Tomato 🙂	\$2.50
ERING	IS	Ham 🙂	\$3.00
		Ham 5 Cheese 😊	\$3.50
		Ham, Cheese & Tomato©	\$3.80
AVAIL	ABLE	salad 🙂	\$4.50

(lettuce, tomato, carrot, beetroot, cheese, corn, cucumber, mayo) Ham salad 😳 \$5.00 Ham, lettuce, tomato, carrot, beetroot,

cheese, corn, cucumber, mayo) Chicken Tender Wrap \$3.70 (1 tender, lettuce, cheese § mayo or salsa) Chicken Tender Salad Wrap \$5.50 (1 tender, lettuce, tomato, carrot, beetroot, corn, cheese, cucumber, mayo)

sandwiches All made with are wholemeal bread & can be toasted at no extra cost

FROZEN	
Frozen Juicy Cup HM (Orange 5 ABC)	\$0.50
TNT (Sour Raspberry & Chocolate	\$1.00
Yoghurt Fruit Pops HM 🙂	\$0.40
(plain, mango, raspberry, blueberry & mixed berri	es)
Frozen Pineapple or Orange Piece HMG	9.\$0.20
Frozen Mílky Cup HMO	\$0.50
(strawberry, Chocolate)	
Juícee Tubes 🙂 (Lemonade, Berry, Tropical)	

#### HOT FOOD Party Pie Sausage Roll Chicken Tender GF-1piece Potato Nuggets (4 pack) Loaded Potato Skins HMO (2 potato skins)

Píe

Loaded Potato Skins HM (2 potato skins)	\$3.50			
(Hamg Cheese, Pízza, Hawaiian & Mexican)				
Lasagne	\$4.00			
Nachos HM Cmince ,tomato ,cheese and a bag				
of tortílla chíps	\$4.00			
Macaroní E Cheese	\$4.00			
Fried Rice <sup>®</sup> GF	\$4.00			
Mashed Potato & Gravy HM	\$1.50			
Garlíc Bread	\$0.50			
Sauce (BBQ, Tomato 5 Sweet 5 Sour)	\$0.40			
GravyHM	\$0.50			

Foods marked with 😳 are rated Everyday Foods by The NSW Healthy School Canteen Strategy HM is homemade/made in the canteen

	A DE REAL PROVINCIÓN DE REAL PRO
SNACKS	
Fruity Bites (Wildberry) 🙂	\$0.50
Popcorn HM (air popped onsite) 😳	\$0.20
Rice Cakes (limit of 5 per child)	\$0.20
Cheese & Ham Rolls HM (lunch or	rder days only) \$1.50
Red Rock Chips (Honey Soy Chicken)	\$1.00
Chocolate Mousse HM	\$0.50
Donut Muffin HM (lunch orders days	only) \$1.50
Píkelets HM 🙂	\$0.20
Fruit Smoothies HM <sup>©</sup> (strawberry,	banana, mango)\$1.00
Sípahh Straw & Cup of Mílk 🙂	\$1.00

# LUNCH ORDE

# **FLEXISCHOOL ORDE**

## PREFERRED

## FLEXISCHOOL APP NOW

Flexischool orders to be in by 8.15am

SALAD BOXES	
Salad Box <sup>©</sup>	\$5.00
(lettuce, tomato, carrot, beetroot, corn, cheese,	
cucumber,mayo)	
Ham Salad Box 🙂	\$5.50
(ham, lettuce, tomato, carrot, beetroot, corn, cheese	2
cucumber,mayo)	
Tender Salad Box	\$6.50
(2x tenders, lettuce, tomato, carrot, beetroot, corn,	cheese
cucumber,mayo)	

